



Remembering 9/11; A day of Terror in America

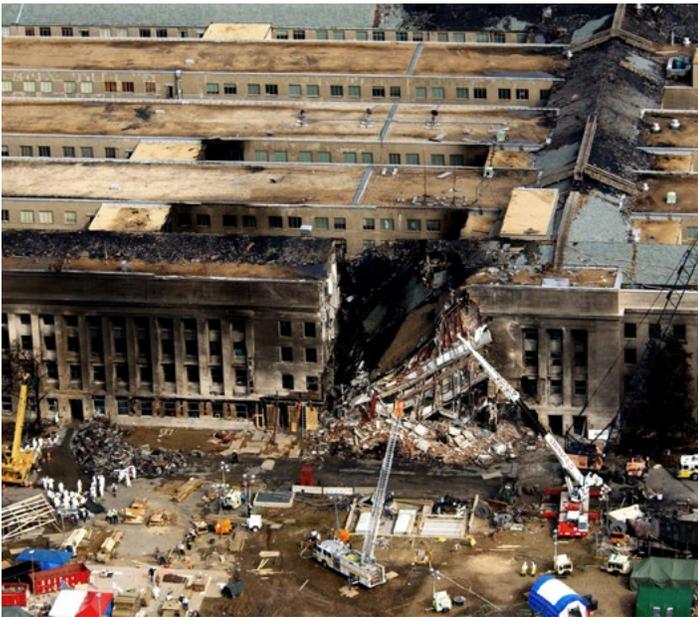


 n the morning of September 11, 2001, a group of terrorists tie to al-Qaeda high-jacked four passenger airliners and used them to attack America. Two airliners struck the North and South Towers of the World Trade Center (WTC) complex,

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one struck the Pentagon, and the last, initially in route to Washington D.C. crashed in a field in Pennsylvania when



The pentagon also suffered severe damage in the attack.

passengers intervened. Both WTC towers collapsed within two hours, killing many of those remaining or trapped inside along with rescue workers who had arrived on the scene. The collapse also destroyed or severely damaged many of the surrounding buildings. The pentagon building also suffered severe damage with a partial collapse to its left side.

This week we commemorate the terror attacks of September 11 and pay tribute to the 2,996 people who perished on that terrible day. Officially, 2,996 died and another 6,000 were injured; however, that number doesn't include those who ran into the fray to save as many as possible, nor does it include the thousands who helped with the clean up over the next eight months and 19 days; many of whom were eventually afflicted with a wide variety of respiratory problems causing sickness and often death. According to a New York Times report, roughly 70% of the 10,000 ground zero workers tested by Mount Sinai Medical Center between 2002 and 2004 reported substantially worsened respiratory problems, while or shortly after, working on the pile (aka ground zero

cleanup.) So, it's difficult to establish an accurate number of casualties from that day; because, 18 years later, people are still dying. ✨

The Ahavas Sholom choir is hard at work getting ready for the high holy days... more on that next week.

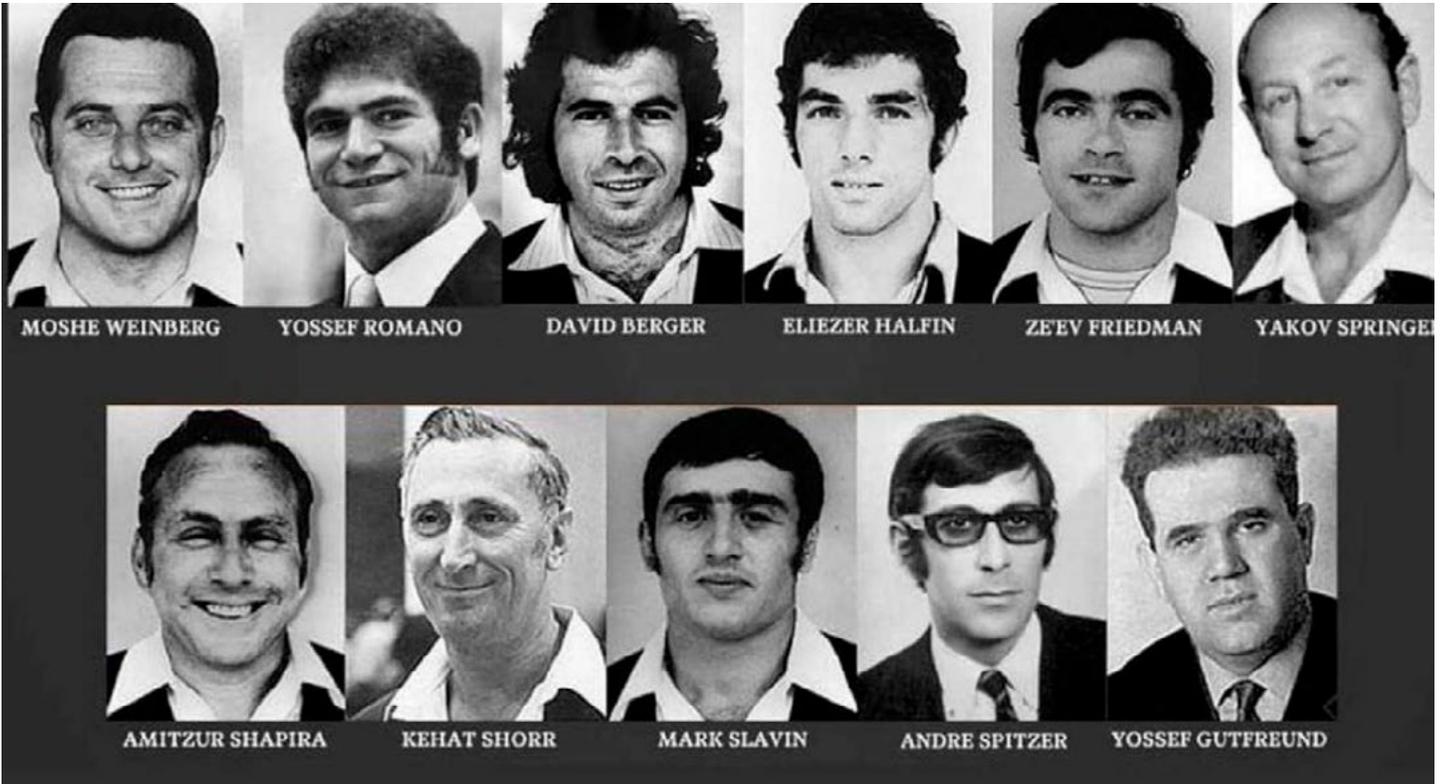


Dubra Shenker, Daviyd Hawkins, and Amy Schonhaut rehearse for the upcoming High Holy Days under the watchful eye of Fred Grabiner.

Congregation Ahavas Sholom

President – Eric Freedman
Rabbi Simon Rosenbach
Cantor – Fred Grabiner
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Victims of the Munich Massacre remembered



We commemorate the anniversary of another terror attack in this week's issue. Last Thursday was the 47th anniversary of the Munich Massacre. In 1972, a team of Israeli athletes arrived in Germany eager to compete in the Summer Olympic Games. They never got the chance. In the morning hours of September 5, a small band of Palestinian terrorists scaled the fence of the Olympic village. They killed two Israeli athletes and took nine hostages. The terrorists, part of a group known as Black September, demanded the release of approximately 230 Arab prisoners in Israeli custody and two German terrorists. Negotiations broke down and the terrorists moved the hostages to Fürstenfeldbruck, a NATO airbase, where a botched

rescue attempt led to the death of the remaining nine athletes, five terrorists, and a German police officer. In the wake of the massacre, the games were suspended for two days and a memorial was held for the victims. Survivors of the massacre are still raw over the lack of sufficient security on that night and the failed attempt to rescue their friends. But mostly, they're raw about what they see as international indifference about what happened. In 47 years there has not been one official commemoration of what happened that night nor has there been a vigil honoring and acknowledging those slain athletes. Though Germany recently unveiled a memorial to the victims of the Munich Massacre the Olympic committee has yet to do anything substantive.

While it is true there was an event prior to the 2016 Olympic Games there has been no acknowledgement of the tragedy during the games; not even during the opening ceremonies. For years Olympic officials have balked at having any type of sanctioned event, citing it would inject politics into the games; but, for the survivors and for the families of the slain athletes, it wasn't about politics then and it isn't about politics now. It's about standing up and doing what's right. Furthermore, while ideally politics should not be part of the Olympic experience, it is being injected into the games and directed squarely at Israel. At the 2016 games in Rio, Egyptian judoka Islam El Shehaby was sent home for not shaking hands with Or Sasson after being defeated by the Israeli judoka. At the time Shehaby said he did not want to shake hands with an Israeli, nor was he obliged to do so under judo rules. Shehaby was eventually sent home by his own team. Just a few weeks ago at the World Judo Championship in Tokyo Japan; Mohamed Abdelaa refused to shake hands when defeated by eventual gold medal winner, Sagi Muki, an Israeli. Anouk Spitzer was 2 months old when her father, Andre Spitzer, was killed during the failed rescue attempt at the airport. Recently she watched the opening video showing highlights and memorable moments in Olympic history, when they reached 1972, there was no

reference to her father or the Israeli Olympic team and no mention of the massacre; she was aghast. "I sat there and couldn't believe it," she said. Perhaps one day the Olympics will give these athletes their due recognition; until then it is up to us to remember them, who they were, and the potential that was so cruelly snuffed out on that day in 1972. Notwithstanding the tragic loss of life on that terrible day; in a clear and strong testament that anti-Semitism would not prevail, Mark Spitz, an American Jew, won an amazing 7 gold medals over the course of the games.

The Munich massacre overview

Shot in initial attack

- Moshe Weinberg, wrestling coach
- Yossef Romano, weightlifter

Killed during failed rescue attempt.

- Ze'ev Friedman, weightlifter
- David Berger, weightlifter (survived grenade but died of smoke inhalation)
- Yakov Springer, weightlifting judge
- Eliezer Halfin, wrestler
- Yossef Gutfreund, wrestling referee
- Kehat Shorr, shooting coach
- Mark Slavin, wrestler
- Andre Spitzer, fencing coach
- Amitzur Shapira, track coach
- Anton Fliegerbauer, West German police officer

J

oin us at Ahavas Sholom for
Selichot Services and

A
MOVIE

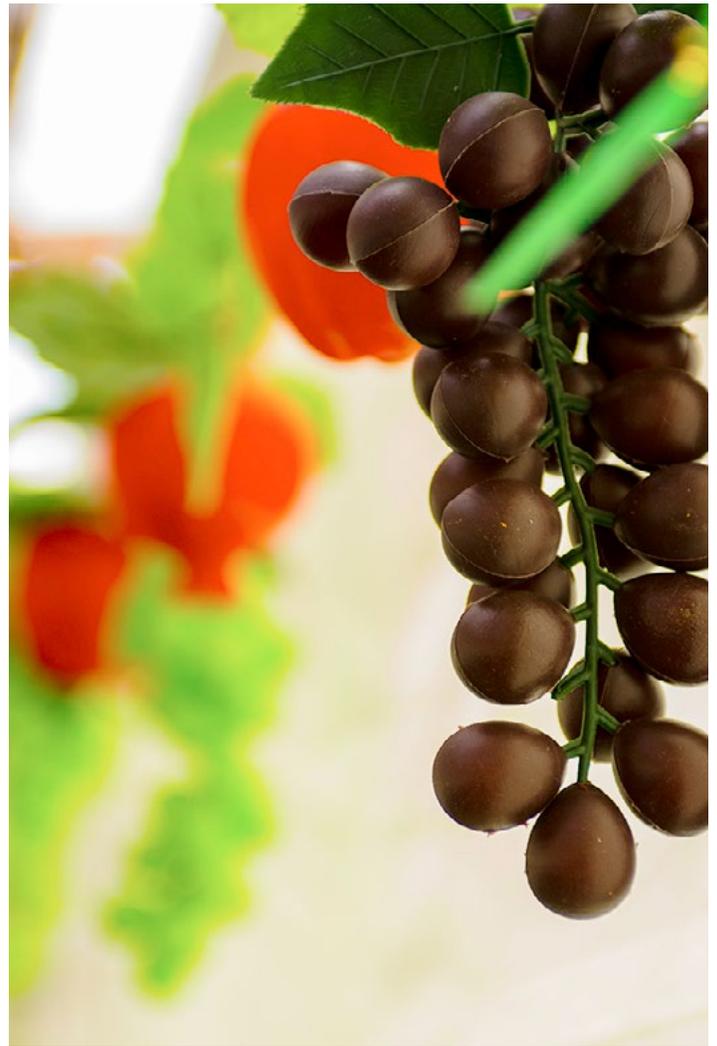
September 21, 2019
8:PM



The passing of Herman Friedman

✡ I am sad to report the death of our member Herman Friedman on September 10, 2019. Herman was a regular at High Holy Day services and was a member of Ahavas Sholom for many years. The graveside funeral will take place on Friday, September 13, 2019 (tomorrow) at Beth David Memorial Park in Kenilworth, New Jersey, at 11:30 a.m. There are no shivah arrangements yet; we will pass that information along as we learn it. To Herman's children, Kenneth and Nona and their families, we say, "Ha-makom y'nachem etchem b'toch avelei Tzion virushalayim," May God comfort you together with all the other mourners of Zion and Jerusalem.

Rabbi Simon Rosenbach



**Fred and Linda
Grabiner have a
10 x 12 sukkah
they're looking to
dispose of; interested
parties should contact
Rabbi Rosenbach at
908-591-4037**

SIMON

SAYS

Thought Provoking Insights from Rabbi Simon Rosenbach



Rabbi Simon Rosenbach

I wear no clothes made of plastic. So no nylon for me, no rayon for me, no Spandex for me, and no polyester for me. I wear, as best I am able to, only clothing made of natural fibers.

So I wear silk, wool, cotton, leather, alpaca, angora, camel-hair, or linen. What about a combination of fibers?

That runs into the Torah prohibition against wearing a mixture called sha'atnez.

Leviticus 19:19 says, "You shall not put on cloth from a mixture of two kinds of material." This week's Torah portion qualifies that blanket prohibition. Deuteronomy 22:11 says, "You shall not wear cloth combining wool and linen." The inconsistency could mean, wool and linen is an example, or the inconsistency could mean, the only mixture forbidden is wool and linen. One of the 13 rules by which we interpret the Torah, says that if the general proposition is set forth, followed by a specific example of the general proposition, the specific example is the one you follow. So, many scholars will argue that linen and wool is the only prohibited mixture.

Why should any mixture of fibers be prohibited? Why should linen and wool in particular be prohibited? The prohibition against sha'atnez is termed a "khok." There are three categories of laws that the Torah's laws fit into, and the "khok" category, say the sages, encompasses laws without explanation. It's kind of like, "I'm the parent, I don't need to justify myself."

I am a rational guy, so I don't buy the sages' explanation. I say the reason for the rule has been lost. I

say the reason for the rule has not been discovered yet. I say no society makes up rules that have no basis. So, according to me, what's the basis for sha'atnez?

I did some research. Maimonides said that the prohibition was put into the Torah because the Canaanites wore clothing from animal products and vegetable products, and the Israelites wouldn't want to emulate the Canaanites. The High Priest wore a garment made of wool and linen, maybe the priests didn't want the everyday Israelites to dream too big; the priests didn't want the everyday Israelites to be too big for their britches. Another theory, is that a garment that the High Priest wore was made out of sha'atnez and

the original tzitzit were made out of sha'atnez (you can't make tzitzit today out of sha'atnez because the original tzitzit were made with techelet, and nobody knows what techelet is today) and therefore sha'atnez was restricted to holy garments. The best explanation I read was that linen was a product of Egypt and wool was a product of Israel, so combining them necessarily was metaphor for the Israelites going back to Egypt, which the Torah repeatedly forbids.

Not wearing sha'atnez is a harmless way to fulfill one of the mitzvot in the Torah. But you need to read the labels carefully. ✨



Help Us Remodel Our Kitchen

It's been estimated it will take \$60,000 to properly renovate our kitchen.

April Modlinger, who has always been a pillar at Congregation Ahavas Sholom, has generously pledged \$10,000 to making this happen.

We have recently received another pledge for \$2,200, bringing the total to \$12,200.

With your help Congregation Ahavas Sholom will soon have a kitchen we all deserve.

Make your pledge today!

*Join us at Congregation
Ahavas Sholom this
Shabbat and help us
make minyan*



Congratulations to Bruce Zweben. The son of Leslie and Mark Mishell, Bruce is now a 1st Lieutenant in the US Army. Bruce recently completed a course conducted by the 3rd Special Forces Group (Airborne) at Fort Bragg, North Carolina, and is now a certified Static Line Jumpmaster. Bruce, who grew up at Ahavas Sholom, had his Bar Mitzvah at the synagogue more than a decade ago. Mazel tov Bruce and continued success.



Bruce Zweben, US Army 1st Lieutenant



Bruce Zweben with Leslie and Mark Mishell



Salmon Loaf with Cucumber Dill Sauce

This week we have a quick and fairly easy salmon recipe for you, enjoy.

Ingredients

1 16 ounce can of pink salmon (boned, skinned and drained)
¾ cup dry bread crumbs
¾ cup mayonnaise
½ cup –chopped onion
½ teaspoon –salt
½ teaspoon –pepper
½ package (17.3 ounce) package of frozen puff pastry (thawed)
1 large egg –lightly beaten
Cucumber
Dill Sauce

Directions

Preheat oven to 350°
Combine salmon, bread crumbs, mayonnaise, onion, salt & pepper in a large bowl.
Place puff pastry sheet on a lightly floured surface.
Spoon salmon mixture down the middle section.
Fold the right side over salmon; then fold left side, overlapping puff pastry.
Seal edges.

Place loaf, seam down on an ungreased 13x 9 inch baking sheet.

Brush with egg.

Bake for 45 minutes or until golden brown.

Before serving, pour some of the cucumber over the loaf, with remaining sauce should be held in reserved on the side.

Recipe serves 6

Cucumber, dill sauce recipe

¼ cup low fat sour cream

2 tablespoons mayonnaise

Juice and zest from 1/2 a lemon

3 tablespoons cucumber peeled, seeded, and diced very finely

1/2 small green onion sliced

1 tablespoon fresh dill chopped

1 clove of garlic minced

Sea salt and freshly cracked pepper to taste

Combine together in a bowl the mayonnaise, sour cream, cucumber, fresh dill, green onion, lemon juice, minced garlic, and sea salt and freshly cracked pepper, to taste. Mix until well combined. Place into the refrigerator until ready to use.

American Jews voice concerns over Netanyahu's vow to annex large areas of the West Bank.

In response to Prime Minister Netanyahu's detailed promises today to move forward, if re-elected, with major Israeli annexations in the West Bank, J Street's President Jeremy Ben-Ami issued the following statement:

Prime Minister Netanyahu made absolutely clear today that, if re-elected next week, he plans to annex large portions of the West Bank, make the occupation permanent and condemn millions of Palestinians to a future of living under unending Israeli rule, without basic civil rights or self-determination. These actions

solution and contempt for Palestinian aspirations has helped to bring us to this point, there's every reason to believe that the White House could soon give Netanyahu the green light. An official presidential endorsement of annexation could come at any minute in the next few days or weeks.

To respond to this unprecedented threat, House leadership must immediately bring to the floor a vote on House Resolution 326, which clearly opposes annexation and affirms US support for the two-state solution — and already has the support of over 180 Members of Congress. Responsible lawmakers and presidential candidates must also make clear that they will not give the Israeli government a blank check to violate US interests and democratic values. They must make clear that annexation of any portion of the West Bank will lead to major consequences for the future of the US-Israel relationship.” ✨



Prime Minister Netanyahu outlines vow to annex large areas of the west Bank

would destroy Israeli democracy and constitute a flagrant violation of international law.

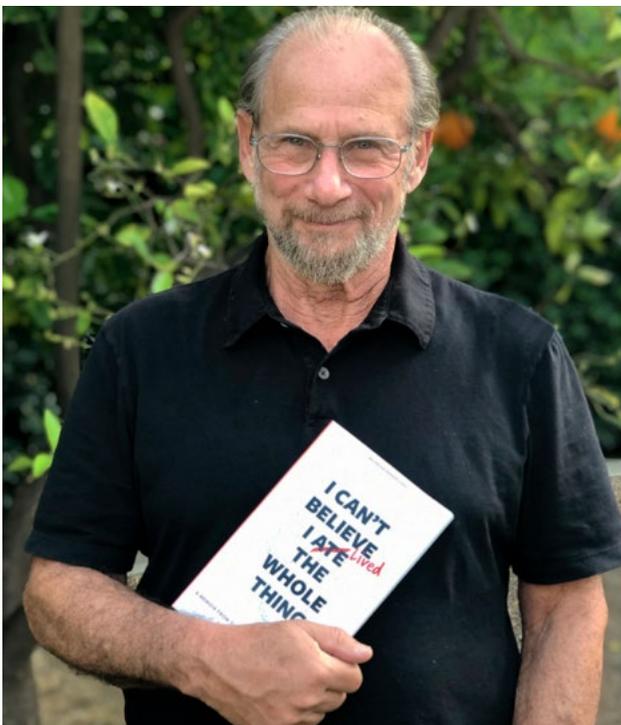
The Prime Minister also made clear his intention to secure President Trump's full approval for these steps.

Given that the administration's clear embrace of settlement expansion, opposition to the two-state

Advertising's Creative Revolution Comes Alive in This Funny, Sexy, Crazy New Memoir

'I Can't Believe I Lived The Whole Thing' follows Howie Cohen's rollercoaster journey from The Bronx to the Clio Hall of Fame

The '60s and '70s brought an explosion of creativity to Madison Avenue and author Howie Cohen was there. His new memoir, *I Can't Believe I Lived The Whole Thing* releases with critical acclaim for its punchy, funny and surprising anecdotes of a life in advertising when pot and the pill opened the doors (and everything else) to sexual and creative freedom. The



First time author and advertising legend Howie Cohen launches his memoir, "I Can't Believe I Lived The Whole Thing"



Brimming with ideas and ambition, Howie Cohen, pictured here in 1965 was the youngest copy trainee at legendary creative agency, Doyle Dane Bernbach

memoir is being published by Red Rascal Press.

I Can't Believe I Lived The Whole Thing materializes during a time of the creative takeover by mensch-y Jewish copywriters and macho Italian art directors. Cohen was one of those young Jewish copywriters, starting out and teeming with big ideas, character and chutzpah at big creative agencies. He cut his teeth at Doyle Dane Bernbach, flourished at Wells,

Rich, Greene and had his own successful ad agencies in New York and L.A. Cohen's stories recount the triumphs and setbacks of a life's work in advertising that made it into the Clio Hall of Fame and eventually landed him across the country in Los Angeles.

With a 50-year career in advertising, Cohen is the mind behind some of the most famous ads. He wrote the memorable lines, "Try it, you'll like it" and "I can't believe I ate the whole thing," for Alka-Seltzer. People all over the country were saying the lines, helping shape the

language in pop culture. Both TV spots are in the Clio Hall of Fame. Among many other hits, Cohen wrote "Petco, where the pets go" and created the ad that blew up the Jack in the Box clown.

"Howie transported me to 1967 and a time when advertising was the most fun you could have with your clothes on," said Jerry Della Femina, Creative Hall of Fame inductee. "It's the funniest book about advertising in the past 50 years that gives an exclusive look at days that were filled with big wins and hilarious failures." ✨

This and other books can be found and purchased through the [Jewish Book Council](#)

*The Weequahic High School
Alumni Association*

ALUMNI
W
EEQUAHIC
ASSOCIATION

*cordially invites you to join us for
our 22nd Anniversary and Hall of
Distinction Induction Ceremony*

Thursday, October 17, 2019 at 6 pm

**Renaissance Newark Airport Hotel
1000 Spring Street, Elizabeth, New Jersey**

Tickets: \$100

*Proceeds to be used for
scholarships and student activities*

WHS Alumni Association
P.O. Box 494, Newark, NJ 07101
(973) 923-3133 / weequahicalumni@gmail.com

The Weequahic High School Alumni Association **HALL OF DISTINCTION INDUCTEES**

- Warren Grover, 1955** - Author, historian, and co-founder of the Newark History Society.
- Stanley Markowitz, 1955** - Educator, professor, activist for peace and social justice.
- Eli Hoffman, 1956** - President of the Jaqua Foundation in NJ.
- Paul Tractenberg, 1956** - Founder of Education Law Center and Institute on Education Law and Policy.
- Jacob Toporek, 1963** - Executive Director NJ State Association of Jewish Federations, WHS Note newsletter.
- Steven Dinetz, 1965** - CEO of Next Media, President of the Chancellor Foundation.
- Wilfredo Nieves, 1966** - Educator, President of Capital Community College in Hartford, Connecticut.
- Carrie Jackson, 1968** - Jazz vocalist, producer/arranger, recording artist, CEO of C-Jay Records.
- Honorable Sheila Oliver, 1970** - NJ Lieutenant Governor and Speaker of the NJ State Assembly.
- Antoinette Baskerville-Richardson, 1970** - Chief Education Officer for the City of Newark.
- Hisani Dubose, 1971** - Film producer, screenwriter, director and founder of NJ Movie Maker's Network.
- Dr. Frederick Tyson, 1972** - Scientific Program Director at the National Institute of Environmental Health Services.
- Deceased**
- Dr. Nathan Weiss, 1940** - Longtime President of Kean University, graduate school named after him, and author.
- David Schechner, 1946** - Attorney, leader in Jewish community, synagogue historian, WHS Alumni trustee.
- Hal Braff, 1952** - Attorney, civil rights activist, co founder of the WHS Alumni Association and avid Mets fan.
- Dr. Eleanor Lutzke Lewis, 1959** - Social and consumer justice advocate who worked with Ralph Nader.
- Dr. James Oliver Horton, 1961** - Professor Emeritus, scholar of African American history, and author.
- Sadie Rous, Faculty, 1935-1968** - Popular and well-respected Social Studies teacher for 33 years.
- Coach Burney Adams, Faculty, 1968-2002** - Legendary football coach and mentor for 34 years.

Kiddush Sponsorship Shabbat Services

Sponsoring Kiddush is \$150.00, which barely covers the cost of the lunch. Our goal is to have every Kiddush sponsored. To sponsor a Kiddush email Rabbi Rosenbach or contact Allah Eicheldinger at alla7815@yahoo.com. You can also help by shopping; which doesn't cost money, just a little time. We'll give you a list of items, you shop and we'll reimburse you. Whatever you can do will be appreciated, greatly.

Join us at Ahavas Sholom this Saturday for Shabbat services. Strangers, visitors; friends - old & new - our doors are open to you. Looking for a new home? New members are always welcome at Congregation Ahavas Sholom. Shabbat services start at 9:00am. Our congregation is open and welcoming; feel free to pay us a visit, anytime.



Our Sister Synagogue in Uganda Needs Our Help

Ravaged by famine and drought, the Namutumba Synagogue is reaching out to us; let's not disappoint them.

The Namutumba Famine Relief Fund

To Learn more [Click Here](#)

Give Today!